

KANGEN WATER®

Water for a Healthy Life



THE TOP 10 FACTS YOU NEED TO LIVE A HEALTHIER, DISEASE-FREE LIFE!

Hydrate Your Family
Clean Your Home Naturally
Maintain Health

For FREE Water

Contact:
Tap Into Health
925-609-4426
info@tapintohealth.com

"I Guarantee Once You Read This Report, You're Going to Want to Try Kangen Water."

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Disclaimer:

This video and the downloaded FREE Report: The Top 10 Facts You Need to Live a Healthier Disease-Free Life are for informational purposes only. It is not medical advice or should be construed as such. This information is provided as is and the reader assumes all risks from use, non-use, or mis-use of this information.

FACT 1: Could the Water You are Drinking be Killing You?



The Dangers of Distilled, Reverse Osmosis & Bottled Water

There is a common belief that it is safe to drink distilled and reverse osmosis water claiming there are no potential health risks – although there is never any supporting data associated with these claims. While the claim is all these waters have a neutral pH, litmus paper or a pH meter can see the pH is usually between 5.2 – 6pH, and drops lower as it sits exposed to open air. And in both types of water, all minerals are stripped from the water. The water that comes off the mountains and go down the streams and then into the ocean has natural minerals in it. You cannot live without minerals.

And worse yet is bottled water stating claims that is “Pure” or “Purified”. Most popular bottled waters are also acidic, and for the few that fare better on a pH test, all are shipped in a No. 1 plastic bottle which leach biphenyls, a known carcinogenic chemical into the water that you get the privilege of drinking with every drop of bottled water.

Fact: Asia banned reverse osmosis water from their country, because it is called **DEAD WATER**.

Distilled water and reverse osmosis water is called DEAD WATER. Why? During the process of making this water they are taking out all chemicals and minerals. Nothing “ALIVE” is left in the water. That's why it's called DEAD WATER or PURE WATER.

Water is supposed to have minerals in it. These minerals are needed and used by your body. When they are lacking, your body takes these minerals from your bones, muscles, teeth, hair, and tissues – leading to osteoarthritis, osteoporosis, and other diseases.

Drink Your Way to a Healthier, Trimmer You!

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FACT 2: The Ugly Truth About Americans



Why are Americans so dehydrated?

According to the Institute of Medicine, the average adult loses more than 10 cups of water every day, simply by breathing, perspiring, and eliminating waste. And Medical Daily reports that 75% of Americans suffer from chronic dehydration.

When dehydration occurs, critical body functions begin to shut down. Headaches, constipation, brain fog, afternoon fatigue, and many other ailments are the result of dehydration. The body goes into a water rationing mode and only delivers it to the parts of the body critical to life-sustaining functions. Chronic dehydration leads to premature aging and disease.

What most people are not aware of is that not just any water will hydrate. Not all waters are the same. Drinking bottled water, sodas, sports drinks and tap water does not hydrate you at the cellular level. Why? The structure of the water molecule is so large it cannot get through the cell walls and into the cell. This is why most Americans are dehydrated. It is because of the type of water they are drinking. You need to understand the size of the water you are drinking is critically important to your health.

All bottled water, sodas, and sports drinks contain water molecules that are 30-100 molecules in size (like the illustration to the right). Because the molecules are in such large clusters, only about 17% of the water can actually pass into the cell and that is not enough to hydrate you.

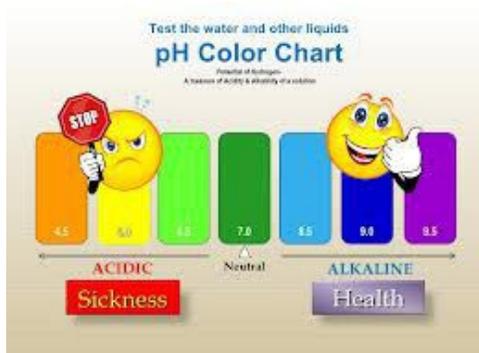
Ionized alkaline water, like Kangen Water, is micro-clustered which means it is 3-5 molecules in size which means 100% of the water can pass into the cell for proper hydration and removal of waste. Additionally, each molecule has ionic minerals bonded to the molecule that the cell needs for proper function and get it into the 75 trillion cells. Do you see where this is going? Ionized alkaline water is in such small clusters you will absorb more of the nutrients you are eating. You will be much healthier and you will be able to control your weight.



You need to drink a min of $\frac{1}{2}$ your body weight in ounces for minimal proper hydration. For optimum health, you should be drinking 1 ounce per pound. If you're not drinking this amount, your body is dehydrated.

If you are not drinking ionized alkaline water, you are acidic and dehydrated. Change the type of water you are drinking and you'll change your health for the better.

FACT 3: Isn't Water Just Water...Or Is It?



What Is the Big Deal about Water?

Research has shown that not all waters are the same? Ionized alkaline water is the best water you can possibly drink do to these 3 important properties.

- Antioxidants
- Alkalinity
- Micro Clustering

Most Americans don't realize that if just one of these properties are missing, the water they are drinking is not helping the optimum health for the 75 trillion cells in their body. Water is so simple and so basic yet so critical in factors that determine health or illness. It makes up 75% of your body. Water, not energy drinks, is the largest single source of energy in the human body. Its movement, into and out of the cells, produces a significant amount of energy. So how do you pick the right kind of water? Look to see if the water contains these 3 important properties.

Antioxidants, needed as a tool to combat inflammation and aging, neutralize and remove "free radicals" in your body. Free radicals cause damage to your cells, tissues, arteries and are linked to many diseases like high cholesterol, arthritis, and diabetes. Scientists have reported that each of the 75 trillion cells in your body gets attacked by free radicals over 10,000 times a day. Your water needs to be loaded with antioxidants. Each 8 oz glass of Kangen Water is like eating 1,000 blueberries that are loaded with antioxidants.



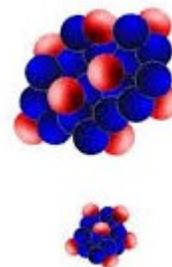
Dr. Otto Heinrich Warburg
1931 Nobel Prize Winner
The Real Cause of Cancer



Alkalinity, needed as a tool to neutralize acid build-up in your body from the food you eat and the liquids you drink. Almost everything we eat is acid-based, so drinking 9.5 pH alkaline water keeps your body in a slightly alkaline state –

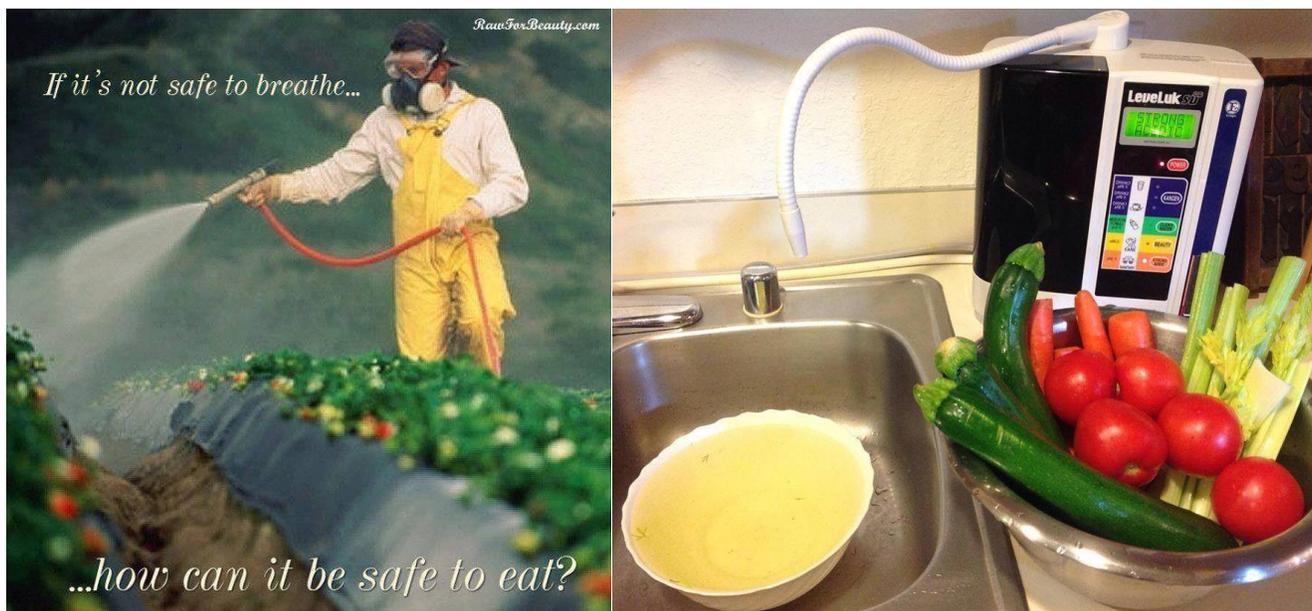
which is the way you were as a child. Dr. Otto Warburg won the Nobel Prize in 1931 for discovering the root cause of cancer..."Cancerous tissues are acidic, whereas healthy tissues are alkaline."

Micro Clustering, just means a small molecule size of water. All bottled water, sodas, tap water, and soda contain water molecules are 30-100 molecules in size. Because the molecules are in such large clusters, only about 17% of the water can actually pass into the cell and that is not enough to hydrate you. Kangen water is micro-clustered or 3-5 molecules in size which means 100% of the water can pass into the cell for proper hydration and removal of waste.



So there you have it...the "Right" type of water is a BIG DEAL

FACT 4: What You Should Know About Your Veggies...



Here's Why Cleaning Your Veggies with Tap Water is a BIG LIE...

When I discovered just how dangerous vegetables are to our health, I was shocked! The FDA published a report on the use of pesticides on fruits and veggies. Their findings? There could be 60 different types of toxic chemicals on your fruits and veggies. Why? Many of our "so-called" healthy foods are coming from outside the United States where the FDA cannot regulate use or type of pesticides.

You may be thinking that you clean off these pesticides off of your fruits and veggies with tap water. But, in reality, you can't. Why? Because today's pesticides are oil-based. And oil does not wash off with ordinary tap water. You have to use something that will "break down" the oil and wash all the poison off. What can do this? High alkaline water...or water that is loaded with oxygen to scrub away and remove the pesticides. The Kangen Water machine produces an 11.5 pH, highly alkaline water that "breaks down" oil and removes pesticides almost instantly (see the yellow water in the picture). It's similar to OxiClean® except without the chemicals. Why shouldn't you or your family eat these pesticides? They contain organo-phosphates that are known to cause cancer. Pesticides also contain a chemical called Atrazine, which is known to affect your immune system and can cause long-term chronic disease. So, if you're looking at the picture and wondering what that "yellow stuff" is in the bowl of water...you guessed it pesticides. These are the "silent" killers that are poisoning you and your family everyday.

Clean Your Fruits & Veggies of Pesticides

For a FREE Supply of Kangen Water

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FACT 5: You Don't Have to be a Vegan to be Healthy



How Important is the pH of the Body for Overall Health?

Let's start with pH...What is pH? The term pH was coined by the Danish Biochemist Peter Lauritz in 1909 and stands for "power of hydrogen". At the left is a pH scale that runs from 1 to 14. A pH of 7 is "neutral" meaning there is an equal amount of hydrogen and oxygen. As the pH goes more alkaline – there is a presence of more oxygen. As the pH goes more acid – there is a presence of more hydrogen.

So what does this have to do with your health?

The pH of your blood should be slightly alkaline (7.35 – 7.45). Below or above this range means symptoms and disease. An acidic pH can occur from, an acid forming diet – that includes both the type of fluids and food you drink. Most of what we intake is acidic – unless we are vegan, and even a vegan is at risk for acidity due to their fluid intake. **So what happens when the body becomes too acidic?**

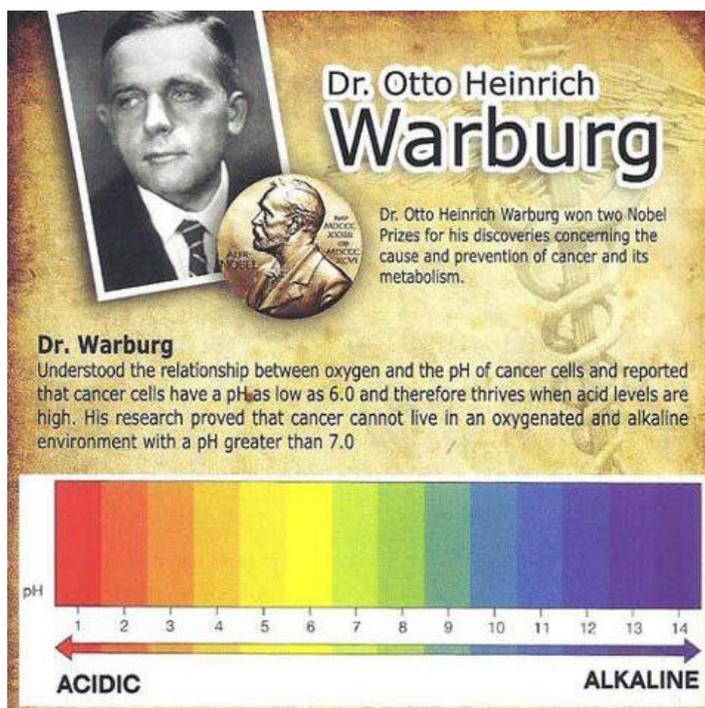
The body tries to compensate for acidic pH by using stored alkaline minerals in the body. Where does it get these minerals? From the foods and fluids that you intake. And if your diet does not contain enough minerals for the body, a build up of acids in the cells will occur. If that's bad, it gets even worse...

An acidic balance will: decrease the energy production in the cells, decrease it's ability to repair damaged cells, make tumor cells thrive, and make it more susceptible to fatigue and illness. **And if that isn't scary enough, a blood pH of 6.9, only slightly acidic, can induce coma and death.**

So what do you do if you don't want to become a Vegan – which means you don't like to constantly eat vegetables? The answer is to change the type of water you are drinking, to a water that is alkaline, antioxidant, and micro-clustered. And that water is Kangen Water.



FACT 6: The Health Risk Hiding in Your Body Right Now



All Disease Is Acid Related

According to scientific research, all degenerative diseases are the result of waste build-up within weak cells.

Research has shown the underlying causes of cancer, heart disease, arteriosclerosis, high blood pressure, diabetes, arthritis, gout, kidney disease, asthma, allergies, skin disorders, indigestion, diarrhea, nausea, obesity, tooth and gum diseases, osteoporosis, morning sickness, eye diseases, etc., are the accumulation of acids in tissues and cells, poor blood and lymph circulation, and poor cell activity due to toxic acidic residues accumulating around the cell membrane which prevent nutritional elements from entering the cell.

The body eliminates what it can and the remainder settles in the weakest cells. Germs like bacteria, viruses, fungus, and parasites breed. Science calls this disease. The name of the particular disease depends upon the location of the deposits of this acidic, toxic buildup. If the accumulating deposit is in the joints it's called arthritis. If the toxic matter accumulates in the pancreas and saturates the beta cells that synthesize insulin it's called diabetes. This also is why people get cancer (their bodies are too acidic and it produces a breeding ground for cancerous cells).

Discover the Hidden Secret That Can Kill The Hidden Monster in Your Body...

You have to have a way to flush the acid out of the cell and tissues. Research shows that ionized restructured alkaline water is the solution. It's alkaline, antioxidant, and small molecule so that it can get inside the cells and flush the acid out.

It's really a simple fix...change your water change your life.

Drink Your Way to a Clean Healthy Body

For a FREE Supply of Kangen Water

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FACT 7: How to Easily Turn Your Weight into Weight Loss



When Was the Last Time Your Diet Really Worked?

It seems that Americans will try everything under the sun as a quick-fix solution to lose weight – no matter how unhealthy it is for your body. And worse yet, even if the diet does work, it's only for the short term and doesn't last. And you go back to being overweight or worse yet even heavier than when you started the diet.

From a common-sense standpoint, if there were an easy short-cut way then we wouldn't have the obesity issues in America.

What if you found a way to lose weight that is all natural, has no side effects, is something you use every day, and is backed by science. Would that spark your interest?

First, you need to understand what is causing that stubborn weight that won't seem to come off, no matter what diet you try. What's causing it is called chronic acidosis. It comes from the processed foods you eat, the acidic bottled water you drink, and stress you carry with you in your life. The only way the body can protect itself from the acid build-up is to store this acid and toxic waste that cannot be flushed in fat cells. And, your body will produce more fat cells as it needs as a toxic dumping ground for all this toxic waste. In this way it keeps it from the vital organs that sustain your life. So, no matter what fad diet you try or how long you exercise on a treadmill or stationary bike, the stored fat is not going to fall away as your body won't let it.

So What's The Solution?

You need to flush out the acid build-up in your 75 trillion cells on a daily basis. When you do that you have your weight loss solution where the weight will come off and stay off. Here's what won't do that..drinking bottled water, sports drinks, and sodas. Why? They are all acidic and are large molecule which means these fluids cannot penetrate the cell walls to flush out the acid waste inside the cells. So what's the solution? Drinking a small molecule alkaline water that can penetrate the cell walls and flush out the acid waste build-up. When the cells are flushed with healthy alkaline water, the toxins are removed and it signals the body that the fat can naturally be eliminated.

And the Solution is Easy!

You just need to change the type of water you drink to Kangen Water. At first, you don't even need to change your eating habits. And you can try the water for free to prove it to yourself that what I say really works!

All You Have to Do is Try the Water...

FACT 8: Type II Diabetes Can't Handle the Power of Water



Can Water Work to Help Diabetes?

If you have or know someone who has type II diabetes or is pre-diabetic, I want to let you know, you're not alone. Nearly 105 million Americans of the 314 million total population are diabetic or pre-diabetic.

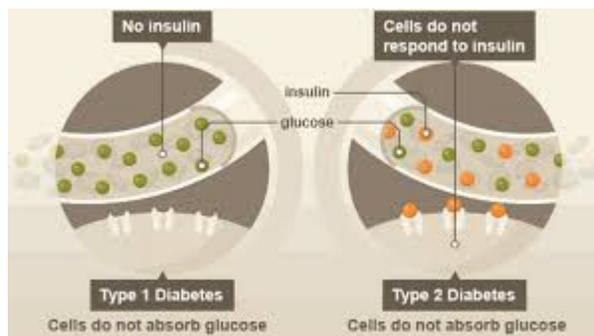
A type II diabetic suffers from an excess of glucose in the bloodstream. The glucose that cannot be delivered properly to the body's cells due to lack of insulin. As glucose builds up in the body, the red blood cells are literally coated in glucose and when this happens, the red blood cells are suffocated and don't function properly. As the liver absorbs more and more of the excess glucose, its ability to remove toxins from the body becomes impaired. As the toxins multiply, the acid level in the body also increases. What's worse is the medication they are taking is making them more acidic.

So what is the common thread amongst many of these people? Their body pH level is too acidic and they are in a state of metabolic acidosis. The longer a person waits to reduce the acid levels in the organs and cells in their body, the increase chance there will be a steady decline of health. Often, it takes years before symptoms of complications like type II diabetes become noticeable.

Having a proper pH can moderate or reverse the damages and affects of diabetes type II diabetes.

How can this be helped?

By introducing a daily drinking regimen of ionized alkaline water – like Kangen Water. This type of water helps to restore proper pH balance in the body. Because it is micro-clustered (or small molecule water), it enables the water to penetrate all 75 trillion cells in the body to flush the toxic build-up away. When toxins are gone and pH is balance, the liver and pancreas can now function properly and can release insulin to up-take the excess glucose in the body. Red blood cells begin to function normally and the body can heal itself from this disease.



If you have type II diabetes or know anyone who does, it may be a good idea to consider trying Kangen Water and monitoring your daily blood sugar levels to see if you would see improvement. The water is FREE to try and it's just water...but it's the right kind of water.

Drink Your Way to a Healthier You!

For a FREE Supply of Kangen Water

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Fact 9: The Lazy Man's Way to a Younger You



The Truth About Why You are Aging...

You may not realize this, but there are 10,000 Americans a day turning 65 for the next 17 years! We are an aging population. And most older Americans are concerned about getting older but do little to investigate the root cause of aging. Instead, we go under the knife or try new fads or vitamins as a way to slow down the process, but this is only a temporally fix.

Here's the secret...the root cause of aging in most of us is dehydration and free-radical damage. Think of a grape. When ripe, it's full of water...then what happens to the grape when it loses the water? It's a raisin. The exact same thing happens to your body as you age. According to Denham Harmon, M.D., PhD, who first proposed the Free Radical Theory of Aging in 1954



said, "Very few individuals reach their potential maximum life span; the die instead prematurely of a wide variety of diseases – the vast majority be "free radical" diseases. If you really want to slow aging down or reverse it, you have to start by combating the free radicals. Dr. Dale Peterson, in his article, "Free Radicals: Agents of Aging" states that it is believed each cell in our body is attacked by a free radical 10,000 times a day. So how do we fight these free radicals? One way is drinking Kangen Water to hydrate and get antioxidants into the body.

How are Antioxidants Measured in Water?

All liquids have an Oxidation Reduction Potential (ORP), or potential to reduce oxidation aging, which is measured by millivoltage (mv). The mv can be measured by an ometer (shown in above picture). Normal tap water, bottle water, and sports drinks has an ORP of +250 to + 450 mv. Their potential for reducing oxidation or aging is nonexistent because its ORP is above zero. When you drink these fluids, you are drinking free radicals that are aging the inside of you body. You are slowly killing yourself. Antioxidants have a negative ORP or (-mv). The higher the negative millivoltage, the more oxidation potential the substance possesses. Antioxidants work to attract the free radicals like a magnet and turn them into harmless electrons.

Kangen Water has a negative ORP of -250 to -800 mv that can reduce, or negate, oxidation and aging. The lower the ORP of the water, the greater potential it has to reverse the aging process of the body at the cellular level.

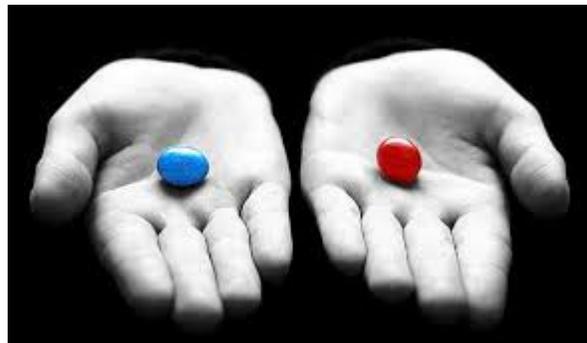
As we age, our body's ORP continually rises above zero. The pace at which our body oxidizes is directly related to our food and fluids we put into our bodies. You have to slow the aging process down from the inside out. Kangen Water should be a BIG part of your solution...besides it is much cheaper to drink Kangen Water than buy all the fruits, vegetables, and vitamins to accomplish the same solution.

Fact 10: How to Turn These Facts Into a Healthier You!

You've Read The FACTS...Now It's Up to You

Whether you picked a page here or there to read or read the entire report, the facts are there. Now it's time for you to make your choice about your health, your family's health, and the health of those you love. You now know some of the shocking truth behind the water you are drinking, fruits and veggies you are eating, and the way you are aging.

It reminds me of the movie The Matrix where Morpheus gives Neo a choice between the RED PILL or the BLUE PILL. The RED PILL represent the sometimes painful truth of reality and the BLUE PILL is the blissful ignorance of illusion. The question is...Which pill will you take?



Take the RED PILL and you accept the painful reality that what you've been drinking and eating is not good for you and your family. Statistics show us what happens to people who ignore the facts:

- 1 in 2 men are at risk for getting cancer | 1 in 3 women are at risk for getting cancer
- The leading cause of death in children under 14 is cancer
- All cancer can ONLY grow in an acidic environment
- Aging is directly related to free-radical damage in our bodies
- Your fruits and veggies are covered with toxic, cancer-causing chemicals that don't come off in water
- Processed foods contain high-fructose corn syrup that can raise the risk for heart disease and diabetes

Ignore the facts...and you are going to pay the toll of sickness and disease.



Take the BLUE PILL and stay in blissful ignorance hoping that you, your children, and loved ones won't be the ones to get sickness and disease. You can have the..."That will happen to the other guy" until it happens. It may not be today, or next year, or 10 years from now but eventually everyone pays the toll.

If you want more compelling information watch this: www.kangendemo.com

I hope you've seen by now there is an answer and you can try it FREE to prove to yourself that Kangen Water can be your drink of choice to a healthier you! Let's fact it...we all have to drink water to survive so it's up to you to make that choice with Kangen Water – change your water, change your life.

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